



ROSEMEAD SCHOOL DISTRICT

JULY 2025 BREAKFAST & LUNCH

****Free breakfast and lunch for all kids ages 1-18!**
****All breakfast items are whole grain rich and reduced sugar**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30

1
Bagel with Cream Cheese and Sliced Apple

Chicken Tamales, String Cheese, Refried Beans, and Fresh Strawberries

2
Blueberry Lemon Scones and Fresh Strawberries

Chicken Filet Sandwich, Roasted Ranch Chickpeas, Coleslaw, and Banana

3
Chocolate Chip Muffin and Fresh Strawberries

Cheeseburger Sliders, Tater Tots, and Watermelon Chunks

4
4th of July

7

Assorted Cereal, Cracker, and Seasonal Fruit

Chicken Nuggets, Chocolate Chip Cookie, Corn and Sliced Apples

8

Assorted Concha and Sliced Apple

Beef Taco Sticks, Refried Beans, and Fresh Strawberries

9

Chocolate Chip Scones and Fresh Strawberries

Grassfed Hot Dogs with Crinkle Cut Fries and Banana

10

Double Chocolate Chip Muffin and Banana

Pepperoni Calzones, Broccoli, and Watermelon Chunks

11

Egg, Cheese & Sausage Tornadoes and Watermelon Chunks

Galaxy Cheese or Pepperoni Pizza with Tossed Salad, and Honeydew Chunks

14

Assorted Cereal, Cracker, and Seasonal Fruit

Boneless Chicken Wings, Mashed Potato, Dinner Roll, and Sliced Apples

15

UBR Chocolate Chip and Sliced Apple

Chicken Taquitos, Guacamole, Refried Beans, and Fresh Strawberries

16

17

18

21

22

23

24

25

28

29

30

31

1

1% white milk and non-fat chocolate milk available with ALL meals

Two servings of fruit and/or vegetables offered daily with ALL meals



FOLLOW US ON INSTAGRAM
@rosemeadcafe